



Bathroom Assistance Policy

Dear Parent (Guardian),

Toileting routines and bathroom hygiene are essential life skills that many of our clients are working to become independent with at home, school, in the community and when at therapy.

In order for our therapists to help your child with this important life skill, we need a little information and your consent.

Please rate your child's level of assistance required to complete self-toileting:

- Completes self toileting 100% independently without assistance
- Completes self toileting with 25% assistance (physical and/or verbal prompts) needed
- Completes self toileting with 50% assistance (physical and/or verbal prompts) needed
- Completes self toileting with 75% assistance (physical and/or verbal prompts) needed
- Completes toileting with 100% assistance (physical and/or verbal prompts) needed

Comments: _____
_____.

Toileting Policy: Our policy is to encourage our clients to use the restroom with the support of their parent or guardian whenever possible. If the child's parent or guardian is not present, the therapist will remain outside the bathroom, providing verbal prompts through the door until they are dressed and ready to wash their hands. If a child does require physical assistance to manage clothing or complete the wiping sequence, the therapist will ask another staff person to be available to ensure child and therapist safety. Once the child is clothed and only needs support with hand washing, the therapist will open the bathroom door to provide cues for the completion of the hygiene routine.

With your signed consent, your therapist is allowed to provide (verbal, visual or physical) assistance to increase your child's independence with self-toileting if your child needs to use the restroom while attending therapy.

Child's Name

Parent (Guardian Name/Signature)

Date